



Border Deal - US/Canada -Speed up Trade-Sharing Information

OTTAWA – Prime Minister Stephen Harper and U.S. President Barack Obama announced Wednesday the biggest border deal since Canada and the United States signed the North American Free Trade Agreement in 1994. The deal seeks to speed up trade between the countries and enhance security by sharing more information about travelers to the continent.

Air Travel : Airline passengers will only have their baggage inspected once even if they have stopovers in the U.S. Currently, Canadians changing planes in the U. S. have to pick up their baggage and have it reinspected, increasing border wait-times. **Border wait-times:** Wait-time service levels will be applied at land borders and will be published to help individuals and businesses plan their travel and shipments. Added lanes, more booths and other infrastructure improvements will be made at land borders to move people and goods more quickly. Trusted travelers with NEXUS or FAST cards will notice more lanes and card readers at the border. **Foreign Travelers:** Foreign nationals travelling to Canada will be pre-screened for admissibility, allowing the government to tell airlines who is allowed to come into Canada. Foreigners who do not require a visa to enter Canada will have to apply for an electronic travel authorization, which would help Canada screen out those not admissible. **Cross border travel:** The U.S. and Canadian governments will monitor you when you enter and exit the country. This practice is already done in other countries, but Canada currently only monitors people when they enter the country. This measure is meant to crack down on immigration and employment insurance fraud. If you are travelling to the U.S. or Canada your information may be shared so the other country has data about your admissibility to either country. **Law enforcement:** Canadians could be arrested on Canadian soil by American authorities as a new program would allow teams of joint Canadian and American law enforcement officials to operate on both sides of the border under the laws and direction of the host company. It is a measure meant to stop alleged criminals from fleeing across the border.
Sent by Bobby Hooton

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INVEST IN YOURSELF!!

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You've heard it before and it still applies today. Maybe even more so in these still uncertain economic times. The Heyl sponsored 401k plan is an excellent financial tool to help you acquire retirement wealth. Monies invested in a 401k plan are pre-tax dollars and thereby reduce your taxable gross income. You save tax dollars now and you are putting money away for the golden years that lie ahead.

Investing in your 401k throughout the calendar year will also allow for you to be eligible for a company match on the first \$1000 invested. This match is not guaranteed and the match amount per dollar is at the discretion of the plan sponsor. At the very least it is a good idea to participate in the plan and invest \$1000 annually in order to maximize on any match that may be offered.

You are eligible to begin payroll contributions into your 401k plan if you have been employed for sixty consecutive days. Any questions you may have in regard to enrolling and or making changes with your current plan should be directed to Merrill

Are You a First Observer?

Contacting the TSA: It would be a good idea to keep the First Observer number (888) 217-5902 in your cab just in case! This is a good number to keep if you see any suspicious activity while on the road.

Staying Active during the Winter Months

Trying to stay active during the cold winter months can be tough, but there are many great ways to ensure that you are still getting the recommended 30 minutes of physical activity on most days of the week. All activity counts - whether it's getting bundled up to take advantage of the winter wonderland, or finding new ways to stay active indoors!

Outdoors

Sledding - The real workout comes from trudging back up the hill, but well worth the reward of sliding back down

Skiing/Snowboarding – Whether downhill or cross-country, it is a full body workout

Snowshoeing - You can borrow a pair of snowshoes

Building a Snow Fort/Sculpture - Create your own snow cave or snowman!

Indoors

Ice-Skating - Check out the ice rink with some friends.



Featuring:



Roger Moore, Whitney, Texas, Truck # 287



Congratulations to Marcel & Rebekah Brunelle, they were married on Dec 31, 2011. Marcel is in truck #C87.

Championship Game Alabama 21 LSU 0

NCAA FOOTBALL RESULTS : 1ST BOB THE COON DOG, 2ND TRAVIS BARNES , 3RD LUKE NIELSON, 4TH CJ LENTZ, 5TH DOUG LOUTSCH , 6TH ROGER HEYL , 7TH JEFF MOREHEAD , 8TH JASON CARLSON ,

Warning signs of **Sleepiness** include, but are not limited to all Drivers
 *Having difficulty keeping your eyes open and focused, and/or having heavy eyelids.

- *Difficulty keeping your head up
- *Drifting from your lane, swerving, tailgating and/or hitting rumble strips
- *Inability to clearly remember the last few miles driven
- *Missing traffic signs or driving past your intended exit
- *Yawning repeatedly and rubbing your eyes, and
- *feeling irritable or restless
- *To remain alert and prevent a fall-asleep crash, AAA offers these tips:
- *Get plenty of sleep (at least seven hours) the night before a long trip
- *Stop driving if you become sleepy; someone who is tired could fall asleep at any time –fatigue impacts reaction time, judgment and vision, causing people who are very sleepy to behave in similar ways to those who are drunk.
- *Travel at times when you are normally awake and stay overnight rather than driving straight through
- *Schedule a break every two hours or every 100 miles
- *Drink a caffeinated beverage. Since it takes about 30 minutes for caffeine to enter the bloodstream, find a safe place to take a 20-30 minute nap while you're waiting for the caffeine to take effect.

Years of Service

JIM HUIZINGA 21 yrs, JEFF TOBEN 17 yrs, JO ELLEN WELEBIR 10 yrs, RAY MCCLURE 10 yrs, ROSA RODRIQUEZ 7 yrs, CORY WETROSKY 7 yrs, DALE KNOTT 7 yrs, DAVID PETERSDORF 6 yrs, TIM QUIROGA 4 yrs, DAN GRIFFIN 4 yrs, DAVID WALLACE 4 yrs, KIRK SWANSON 4 yrs, THOMAS GIBSON 4 yrs, STEVE SCHAUBERGER 4 yrs, JOE CAPRIA 4 yrs, DENNIS JACKSON 4 yrs, GREG MASSOCCO JR 4 yrs, SHERI PETTERS 4 yrs, JEFFREY ROSE 4 yrs, SERGEY RADIONOV 3 yrs, BILL MINYARD 3 yrs, KATHY RAINS 3 yrs, HILARIO SANTOS 3 yrs, ROBBY VINSON 3yrs, LARRY JURGENSEN 2 yrs, DWIGHT WALLACE 2 yrs, MATT BOUTER 2 yrs, PEDRO FRANCISCO 2 yrs, ROBERT STEEN 2 yrs, JD DEES 2 yrs, ROGER HAGER 1 yr, DAVE IRIZARRY 1 yr, JOSE CRISPIN 1 yr, KEITH WESTMAN 1 yr, TONY MORRIS 1 yr, ELIAS CRUZ 1 yr, MICHEAL WENGE 1 yr, KURT TOMMERAASEN 1 yr, RICK SHARPE 1 yr, BOBBY PETTIS 1 yr, RANDY KNEPP 1 yr

Birthdays

ISMAEL CRUZ, JD DEES, PATRICIA RAMIREZ, JIM MCNALLY, RONNIE MOSLEY, RON LIPPERT, MARCELINO ALMAZAN SR., JIMMY WELDAY, JAMES NASH JR, LEON KLEIN, RODNEY MILLER SR, VERNON GEISLER, DAVID NELSON SR, DAN SMITH, LORRI SCHULLER, BILL MINYARD, JORDAN HEYL, JUSTIN YOUNGORTH, TOM ROMAN, ANDREW COOK, JEFF LONG, BRIAN MCCLOSKEY, JOSE CRISPIN, CHRIS LARSEN, RANDY KNEPP, LINDA CAROZZA, LEO SUUTARINEN, NATE NEWKIRK, SAM COOPER, WARREN WHITE, RAY KRULICKI, JOSE PEREZ

Welcome to Our Team

WA MARVIN ARCHER #523, FL SHARON GILES #611, FL ISIDRO MUNGIA #507, FL WESLEY GALLIMORE #45, IA DAVID BLAKE #2496, AB VINCENT CONVERSE #C555, TX STEPHEN CONDOR #54, SD SHELDON DOBBS #D291C, TX AUGUSTINE TIETZ #2019, WA BRUCE STOKER #24, FL MICHAEL GADSON #251 IA BRAD EASTON #863

Get in on updated information by email! Send your current email to valt@hey1.net Includes, Newsletter, Safety, Wellness, Clothing Updates.

Heyl Truck Lines, Inc. is now on Facebook! Go online and become our Friend!

Our Newsletter is posted on our website, www.hey1.net, for you to view at any time.

DRIVERS!
 If you would like to submit a Heyl Employee's anniversary, birth, wedding, stories, any announcement or interesting story please contact Val @ 1-800-973-9161 or valt@hey1.net